



Mindset Exercise Scoring Guide

For the questions below, please capture our score. If you answered:

Strongly agree = 0 points
Agree = 1 point
Disagree = 2 points
Strongly disagree = 3 points

Question 1 =

Question 12 =

Question 4 =

Question 14 =

Question 7 =

Question 16 =

Question 8 =

Question 17 =

Question 11 =

Question 20 =

Your total points for this section:

For the questions below, please capture our score. If you answered:

Strongly agree = 3 points
Agree = 2 point
Disagree = 1 point
Strongly disagree = 0 points

Question 2 =

Question 10 =

Question 3 =

Question 13 =

Question 5 =

Question 15 =

Question 6 =

Question 18 =

Question 9 =

Question 19 =

Your total points for this section:

Your total score

(add the two sections together:)

60 -45 points = strong growth mindset
44 - 34 points = growth mindset with some fixed ideas
33 - 21 points = fixed mindset with some growth ideas
20 - 0 = strong fixed mindset